



PROGRAMMING GOALS, OBJECTIVES, AND MEASUREMENTS

Camp Encourage is committed to quality programs that make a positive impact. Setting, measuring, and monitoring the below goals demonstrate that commitment while also: evaluating program goals, adjusting programming for improvements according to evaluation results, and documenting the changes in our campers so that information can be shared with key stakeholders (parents, supporters, staff, etc.).



GOAL: Increase skills of independence

OBJECTIVES:

When provided a variety of activity options, each camper will (independently or with individualized accommodations) select his or her own choice activities throughout the week.

After selecting each choice activity, each camper will actively participate in choice activities he or she selected.

In a cabin with a small group, each camper will sleep in his or her own bunk away from home for three evenings in a row.

At camp, at least 85% of the campers will report that they tried something new.

At camp, at least 85% of the campers will report that they felt good when they tried something new.

At least 85% of the campers will report (agree or strongly agree) that the experience helped them learn more about taking care of themselves.

At least 85% of all campers will report (agree or strongly agree) that he or she learned to do more without his or her parents through this experience.

At least 85% of all parents will report (agree or strongly agree) that, because of this experience, his or her child's daily living skills were positively impacted.

EVALUATION METHOD:

informal observation by staff and volunteers during the camp session

informal observation by staff and volunteers during the camp session

Data will be kept on campers that were able to remain for the duration of a summer camp session, versus those that needed to leave despite individualized accommodations and supports.

Parents and Campers will be provided a post-camp survey and will be asked to reply yes or no to this statement: "I / my camper tried something new while at camp."

Parents and Campers will be provided a post-camp survey and will be asked to reply yes or no to this statement: "I / my camper felt good about trying something new at camp."

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "Through this experience, I / my camper learned something about taking care of myself."

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "I / my camper learned to do more on my / his or her own without parents."

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "I believe that this

experience positively impacted my child's daily living skills (showering, dressing, eating, etc.)."

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "Overall, Camp Encourage provided me / my child with an opportunity to increase independence."

GOAL: Increase one's own personal **self-esteem, self-understanding and awareness**

OBJECTIVES:

Each camper will be able to name at least two strengths / abilities he or she presents.

Each camper will be able to name at least one new positive aspect he or she learned about him/herself.

At least 85% of the campers will state (agree or strongly agree) that they felt like Camp Encourage assisted them in feeling good about him or herself.

At least 85% of the campers will state (agree or strongly agree) that they felt they could be "themselves" while at Camp Encourage.

At least 85% of the campers will report (agree or strongly agree) that, after being at Camp Encourage, each felt more confident in being themselves outside of camp.

At least 85% of the campers will report (agree or strongly agree) that they felt courage and/or bravery while at Camp Encourage

At least 85% of the campers will set and meet at least one goal while at Camp Encourage.

EVALUATION METHOD:

informal observation by staff and volunteers during the camp session

informal observation by staff and volunteers during the camp session

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "Camp Encourage assisted me / my child in feeling good about myself / him or herself."

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "I felt I could be "myself" while at Camp Encourage."

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "I feel more sure about being "myself" outside at Camp Encourage."

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "I / my camper felt courage and bravery at least once while at Camp Encourage."

Goal setting worksheets will be collected and evaluated at the end of the camp sessions.

After attending Camp Encourage, at least 85% of the campers will state (agree or strongly agree) that they feel empowered.

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "I / my camper felt empowered at least once while at Camp Encourage."

After attending Camp Encourage, at least 85% of the campers and parents will state (agree or strongly agree) that the experience enhanced self-esteem.

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "Overall, this experience enhances self-esteem."

GOAL: Increase **social abilities and connections**

OBJECTIVES:

At least 85% of the campers will talk to a new acquaintance.

At least 85% of the campers will report having a conversation with another camper that they describe as enjoyable or positive.

At least 85% of the campers will state that they learned something new about being a friend.

At least 85% of the campers will report that they made at least one new friend they hope to keep in touch with.

At least 85% of the campers will state that they learned something about getting to know someone.

At least 85% of the campers will introduce themselves to someone else at camp.

At least 85% of the campers will report that they talked to someone at camp that shared common interests.

EVALUATION METHOD:

informal observation by staff and volunteers during the camp session

Parents and Campers will be provided a post-camp survey and will be asked to reply yes or no to this statement: "I had at least one conversation with another camper that was enjoyable / positive."

Parents and Campers will be provided a post-camp survey and will be asked to reply yes or no to this statement: "I learned something new about being a friend."

Parents and Campers will be provided a post-camp survey and will be asked to reply yes or no to this statement: "I / my camper made at least one new friend I hope / my camper hopes to keep in touch with.."

Parents and Campers will be provided a post-camp survey and will be asked to reply yes or no to this statement: "I learned something about getting to know someone."

informal observation by staff and volunteers during the camp session

Parents and Campers will be provided a post-camp survey and will be asked to reply yes or no to this statement: "I talked to someone at camp that shared common interests."

At least 85% of the campers will report that they feel "connected" to others when at Camp Encourage.

Campers will meet other individuals with autism while at Camp Encourage.

Campers will share how it felt to meet others with similar interests, needs, and/or abilities and at least 85% will report positive feelings.

At least 85% of the campers and parents will report (agree or strongly agree) that Camp Encourage provided increased social opportunities and growth.

Parents and Campers will be provided a post-camp survey and will be asked to reply yes or no to this statement: "Camp Encourage provides the chance for me / my camper to feel connected to others."

informal observation by staff and volunteers during the camp session

Parents and Campers will be provided a post-camp survey and will be asked to reply to this question: How did it feel for you / your camper to meet others with similar interests, needs, and/or abilities?"

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "Overall, Camp Encourage provided increased social opportunities and growth."

GOAL: Increase awareness of **recreation opportunities** and **skills of recreation**

OBJECTIVES:

Campers will try a new recreational activity during the duration of the camp session.

85% of the campers will report (agree or strongly agree) an increased awareness of recreational options through selection and participation in a variety of recreational options while at camp.

EVALUATION METHOD:

Parents and Campers will be provided a post-camp survey and will be asked to reply yes or no to this statement: "I / my camper tried at least one new activity while at camp."

Parents and Campers will be provided a post-camp survey and when given a four-point Likert scale, will be asked to score this statement: "I / my camper learned about a new leisure activity that I / my camper can participate in when not at camp."

GOAL: Strengthen emotional wellness

OBJECTIVES:

Campers will name something positive about his or her life, home, or school.

Campers will demonstrate positive "I Ams" during group time and 85% of them will be able to demonstrate it after camp by sharing at least two positive "I Ams."

Campers will be able to name at least one newly learned relaxation choice.

Campers will be able to name at least two individuals they can seek for help.

EVALUATION METHOD:

Parents and Campers will be provided a post-camp survey and will be asked to name at least one positive aspect about his or her life, home, or school.

Parents and Campers will be provided a post-camp survey and will be asked to reply yes or no to this statement: "I / my camper can share at least two positive "I Ams."

informal observation by staff and volunteers during the camp session

informal observation by staff and volunteers during the camp session
